



## FOOD ANIMAL CONCERNS TRUST

411 W. FULLERTON PARKWAY, #1402W

POST OFFICE BOX 14599

CHICAGO, ILLINOIS 60614

---

**FOR RELEASE: IMMEDIATE**  
**January 27, 2010**

**Contact: Jacki Rossi, (773) 525-4952 w, (219) 218-3824**  
**[jrossi@foodanimalconcerns.org](mailto:jrossi@foodanimalconcerns.org)**

### **FACT to Offer Free Humane Education Workshop at FamilyFarmed EXPO** *Teaches Children Kindness and Respect Through Yoga and Storytelling*

Chicago – Food Animal Concerns Trust (FACT) is bringing its new humane education workshop for children *The Awesome Adventures of Sweet Pea the Pig!* to the 2010 FamilyFarmed EXPO. FACT's workshop employs a creative mix of animal stories, puppetry, and yoga-inspired movement to cultivate compassion for farm animals among young people.

On Saturday, March 13, FACT staff members will be presenting this free workshop as part of the Kids' Corner at the EXPO. The FamilyFarmed EXPO is three day gathering for Chicago fans of locally grown and responsibly produced food and artisanal goods. It is the Midwest's premier local food event and will be held at the University of Illinois at Chicago. *The Awesome Adventures of Sweet Pea the Pig!* tells the story of a young pig who escapes from a factory farm and finds a home on a family farm where she is treated humanely. The workshop is designed to foster positive character traits such as kindness, perseverance and respect among elementary-aged children.

After two successful pilot workshops with Bloom Yoga Studio and Namaskar Yoga, FACT continues to expand its humane education project. FACT has also partnered with a local chapter of the YMCA to bring this workshop to children around the city. FACT's Humane Education project is especially important because many children raised in urban settings have never seen, let alone learned about, farm animals. They are disconnected from farms and do not know where their food comes from. Moreover, children need to be taught an attitude of compassion and respect for other creatures.

The presenters (Lisa Isenhart, Larissa McKenna and Jacki Rossi) are members of FACT's staff. Larissa and Lisa are both Certified Humane Education Specialists accredited through the Humane Society University. Larissa is also certified as an Advanced Yoga Instructor and teaches at several studios in Chicago.

Based in Chicago since 1982, FACT has been involved in efforts to increase awareness of the often inhumane conditions experienced by chickens, pigs and cows. In 2009, FACT launched a new humane education program with the centerpiece being *The Awesome Adventures of Sweet Pea the Pig!* For more information please contact Larissa McKenna or Lisa Isenhart at (773) 525-4952 or visit [www.foodanimalconcerns.org](http://www.foodanimalconcerns.org).

-# # #-